

Supplemental Table for:

**Caregiver Experiences with an Internet-Delivered Insomnia Intervention: SHUTi-CARE
Trial Primary Qualitative Analysis**

Kelly M Shaffer^{1,2}, PhD; Kate Perepezko³, PhD, MSPH; Jillian V Glazer¹, BA; Meghan K
Mattos^{1,4}, RN, PhD; Julie Klinger³, MA; Daniel J Buysse⁵, MD; Lee M Ritterband^{1,2}, PhD;
Heidi Donovan^{3,5,6}, RN, PhD

¹Center for Behavioral Health and Technology, University of Virginia, Charlottesville, VA, USA

²School of Medicine, University of Virginia, Charlottesville, VA, USA

³National Center on Family Support, University of Pittsburgh, Pittsburgh, PA, USA

⁴School of Nursing, University of Virginia, Charlottesville, VA, USA

⁵School of Medicine, University of Pittsburgh, Pittsburgh, PA, USA

⁶School of Nursing, University of Pittsburgh, Pittsburgh, PA, USA

Corresponding Author: Kelly M. Shaffer, PhD
PO Box 801075
Charlottesville, VA 22908
Ph: 434-982-1022
Email: kshaffer@virginia.edu
FAX: 434-244-7516
ORCID: 0000-0002-9749-8006

Supplemental Table 2: Open-ended prompts for SHUTi users

#	Prompt (and <i>condition</i> , where applicable)
1	<i>Endorsed SHUTi met most or all needs</i> → How did SHUTi meet your needs? <i>Endorsed SHUTi met few or no needs</i> → What could be different about SHUTi to meet more of your needs?
2	<i>Endorsed they would recommend SHUTi</i> → What are reasons you think it would be helpful to others? <i>Endorsed they would not recommend SHUTi</i> → What would have to be different about SHUTi to make you more likely to recommend it?
3	<i>Endorsed satisfaction with SHUTi</i> → What aspects of SHUTi did you like most? <i>Endorsed dissatisfaction with SHUTi</i> → What would need to be different about SHUTi for you to be satisfied?
4	<i>Endorsed would use SHUTi again</i> → Why would you be drawn to using SHUTi again? <i>Endorsed would not use SHUTi again</i> → What would need to be different about SHUTi for you to consider using it again?
5	How did your responsibilities as a caregiver affect your ability to complete SHUTi or follow the SHUTi program recommendations?
6	How did SHUTi help you as a caregiver?
7	SHUTi was initially developed among the general population. How did the educational content, recommendations, and delivery format fit for you as a caregiver?
8	Recalling that SHUTi was initially developed among the general population, what kinds of changes, if any, do you think we should consider to make sure caregivers can more easily use it?
9	How would tailoring intervention techniques, content, and delivery format to be more specific to caregivers change your experience with the SHUTi program?